

School of Life

Educational Society

THE PHILOSOPHY OF THE SPIRITUAL FOOD CSA

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Philosophy not applicable to everyday life has
no purpose.”*

Spiritual Food for the New Millennium

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Preamble: Philosophy = Philo life and sophy wisdom we understand it as: a life without philosophy has no direction and a philosophy not applicable to everyday life has no purpose. Under that premise what follows is a refresher for the loyal members of the CSA and a reinforcement or clarification for the new members.

The overarching understanding of seeing ourselves as Spiritual Beings, that is a soul with a body, rather than a body with a soul is key to this philosophy, We strive to make Ethics the guiding principle for our actions, and our sense of responsibility with society, our planet and future generations.

Spiritual Food CSA intrinsically therefore is not about food. Food is the agent that allows us to learn, act out and practice the ethical principles.

Ecology is on the limelight worldwide, so we can use this as our starting point.

We have as human beings a responsibility for the well being of the planet. The soil, is the outer skin of the planet, the source of the sustenance for our physical bodies and is subject to physicochemical and etheric (subtle) forces that will determine whether it will provide the necessary elements (vitamins, minerals etc.) to replace all the cells of our body and guarantee the subsistence of the ecosystems of the planet.

It has been amply demonstrated that it depends on the form of agriculture and whether the conditions are met or not, and has also been amply demonstrated that the conventional form of agriculture destroys instead of building the nurturing capacity of the soil.

It is our ethical and moral responsibility to guarantee that within our limited power the source of our food corresponds to the requirements established by natural, spiritual and cosmic laws. We delegate that responsibility to individuals who have chosen to play that role in society, we must therefore verify if there is a common understanding of this principles between both parties.

The second step is to verify if both parties are fulfilling their part in accordance with those principles, that is if the farmer is growing the food with respect to the natural, spiritual and cosmic laws and if the beneficiary is compensating the farmer adequately for this highly responsible task, of caretaker of the planet and of the human life, and all other forms of life dependent on it.

In the prevailing economic system under which present day societies operate, money has become the “driving incentive” and the determining behavioral factor to override ethical principles.

Spiritual Food CSA’s approach is to present an alternative that will allow those who share the same agreed ethical principles operate in accordance with them. This is an upstream task given the overwhelming societal adherence to unconscious and many times unwilling straying away from the natural, spiritual

and cosmic laws that regulate the functioning of life and the universe. To make things worse, manmade laws specifically override such laws and become the rule of the land.

Very trying circumstances from a purely materialistic point of view on one hand, on the other an enticing challenge for the soul force of those consciously aligned with the LAW. This LAW encompasses all natural, spiritual and cosmic laws, some individuals recognize it as God, others as energy etc. the important thing is that we become aware of its existence, that we resonate with it and commit to living our lives to abide by it.

How those principles translate in practical ways. In the dynamics between the man and land, the farmer is the fulcrum around which this whole process takes place. The agreement consists in the farmer committing to produce the best quality and abundant food within the resources available. To grow respecting the natural, spiritual and cosmic laws that guarantees the health of the soil hence the vitality of the eco systems; the life forces, and nutrients necessary for life. Our part is first and foremost recognize the extremely important status of his activity in society and in that context provide the financial security and long term stability with - not free market ordained, through just compensation guaranteeing the proper income for a comfortable life for the farmer and his family.

It is good to recognize that at present the farmers labor is not only not given the proper status in society, but on the contrary is subject literally to exploitation. In the cases in which this labor of love is assumed by non Law, abiding, non human entities (corporations) using non human resources (technology, pesticides, un natural chemical "fertilizers" etc. end up in degradation and exploitation of the soil as well.

Our commitment therefore has been and continues being a steady and firm progression in approaching the just compensation for the food he/she provides. This arrangement can only be sustained by like minded individuals committed to upholding the Law, thus creating a societal cell alternate to the generalized money driven behaviour.

This attitude entails a big amount of lifestyle changes that will on their turn contribute to strengthening ethical principles that shape a philosophy of life.

We will complement this introduction for the next pick up day with practical details of such lifestyle changes, sometimes not so obvious but transcendental on the long term.

Peace Be With You
Victor (Vyasa) Landa