

Spiritual Food CSA
SUMMER / FALL 2019-20
Welcome!



New? Y / N

Name of the main contact person in your household **e-mail** **phone**

If there is someone else who wants to receive our messages, please write here name, e-mail, phone

Circle your Pick Up Location:

or inquire about home delivery for \$10/week

Bethesda Arlington Waldorf School Takoma Park Cabin John Capitol Hill

TYPES OF SHARES:

- Main share of veggies, fruit and supplements
- Main share without bread
- Veggie / Fruit Only

SEASON DATES: *see separate forms on website or pick up at the site*

- Full Year: June 5, 2019 – May 27, 2020 (50 wks)
- Summer: June 5 – Nov 27, 2019 (26 wks)
- School Year: Sept 11, 2019 – May 27, 2020 (38 wks)
- Winter: Dec 4, 2019 - May 27, 2020 (24 wks) skip 12/25,1/1

FULL YEAR DISCOUNT

*For those who register for our **MAIN SHARE** for the full CSA year a 5% discount is **built in** (\$100 weekly, \$50 bi-weekly for June 5, 2019 – May 27, 2020) for your commitment to the farmers, to your own health and eating habits, and to the School of Life that administers the program.*

- ❖ For a HALF share, we recommend BI-WEEKLY receiving a full size share every other Wednesday
- ❖ Prefer half share every week? A private arrangement can be made to split a weekly share with a partner
- ❖ Season already started? Contact us about prorating
- ❖ NEW to CSA? A 6 week TRIAL is available, note preferred starting date below and wait for confirmation

CIRCLE YOUR CHOICES:

| Share type | Season | Time period | Full or half share | lump sum | installments |
|--------------------------|-------------|-------------|------------------------|-----------------|---------------------|
| Main Share | Full year | June – May | Weekly | \$ 2,000 | 400x5 |
| | | | <i>bi-weekly</i> | \$ 1,000 | 200x5 |
| | Summer/Fall | June – Nov | Weekly | \$1,075 | 359x3 |
| | | | <i>bi-weekly</i> | \$ 538 | 179x3 |
| | Trial | 6 weeks | <i>Starting: _____</i> | \$ 275 | |
| without bread | Full Year | June – May | Weekly | \$ 1,920 | 384x5 |
| | | | <i>bi-weekly</i> | \$ 960 | 192x5 |
| | Summer/Fall | June – Nov | Weekly | \$ 1,030 | 343x3 |
| | | | <i>bi-weekly</i> | \$ 515 | 172x3 |
| | Trial | 6 weeks | <i>Starting: _____</i> | \$ 265 | |
| Veggie/Fruit only | Full Year | June – May | Weekly | \$ 1,716 | 343x5 |
| | | | <i>bi-weekly</i> | \$ 858 | 172x5 |
| | Summer/Fall | June – Nov | Weekly | \$ 900 | 300x3 |
| | | | <i>bi-weekly</i> | \$ 450 | 150x3 |
| | Trial | 6 weeks | <i>Starting: _____</i> | \$ 235 | |

CREDIT CARD payment is available on the website- the prices here reflect a cash discount

Checks payable to School of Life CSA, 4217 East-West Highway, Bethesda, MD 20814

If you arrange installment checks to be sent direct from your bank, let us know.

Please pay either

- **1 check of the lump sum, or**
- **Installments as noted in the last column above; put today's date on the first check you write, and date the subsequent checks 2 months apart, dated the 1st of those months.** For example for a Main Share, Full Year, weekly: 5 checks of \$400 each starting with the date you fill out the form e.g. April 6th, then 4 more checks 2 months apart: June 1, August 1, Oct 1, Dec 1.

For installments - VERY IMPORTANT - please send ALL Post Dated Checks with this registration form.